



Little Red Apple

DAILY MENU



Monday

BREAKFAST
Cereal w/Bananas

LUNCH
Grilled Cheese &
Applesauce

SNACK
Pretzels & Apple
Juice
or:
Vanilla/Chocolate
Pudding w/Milk

Tuesday

BREAKFAST
Waffles

LUNCH
Chicken Nuggets
Mashed Potatoes
& Corn

SNACK
Goldfish Crackers
& Apple Juice
or:
Brownies w/Milk

Wednesday

BREAKFAST
Cereal w/Bananas

LUNCH
Macaroni w/Cheese
&
Carrots

SNACK
Graham Crackers
w/Milk
or:
Vanilla/Chocolate
Ice Cream

Thursday

BREAKFAST
Scrambled Eggs
& Toast

LUNCH
Turkey Sandwich
w/Fruit

SNACK
Cookies w/Milk
or:
Corn Chips w/Juice

Friday

BREAKFAST
Bagels w/Butter
or Cream Cheese

LUNCH
Pasta w/Peas

SNACK
Fruit Jello

To keep the body in good health is a duty, otherwise we shall not be able to keep our minds strong and clear